



FOUR SEASONS BOOKS presents the New York Times bestselling author **SOPHY BURNHAM** for an afternoon talk and Q&A on **Sunday October 11 from 1-3pm.**

Join us as Sophy explains the relationship between the "numinous" in mysticism, creativity, and inspiration -- numinous meaning literally "the nod of divine approval." Sophy Burnham's books ("A Book of Angels," "[Love, Alba](#)") were created from sensing deeply into this "nod," and they are designed to help us experience it for ourselves in our own lives as writers and artists.

Sophy will engage in dialogue about the creative process in partnership with inspiration and mysticism. Additionally, Sophy will share how her upcoming novel, "[Love, Alba](#)" came to be. Copies of "[Love, Alba](#)" will be available for purchase and signing.

~Sophy Burnham is an award-winning playwright, novelist, and nonfiction writer. Her works have been translated into twenty-four languages, and her writing has appeared in Esquire, The New York Times Magazine, Town & Country, and Reader's Digest. In addition to her writing, Burnham is a psychic, a healer, and a spiritual director. She lives in Washington, D.C. ~